



**COLORECTAL AND PELVIC  
RECONSTRUCTION SERVICE**

# **Welcome to the CPRS**

**Information for families**

## Welcome to the CPRS

Colorectal and Pelvic Reconstruction Service (CPRS)  
Information for families

Design, photography and medical illustrations by  
The Royal Children's Hospital Melbourne

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## Authors

Associate Professor Sebastian King, Director CPRS,  
The Royal Children's Hospital Melbourne

Ms Jessica Taranto, Clinical Nurse Consultant CPRS,  
The Royal Children's Hospital Melbourne

Mrs Suzie Jackson-Fleurus, Clinical Nurse Consultant CPRS,  
The Royal Children's Hospital Melbourne

## Acknowledgements

We are indebted to the contributions of the many families that are cared for by the CPRS team. This resource is for all families affected by colorectal and pelvic conditions.

## About this booklet

This booklet has been developed to support parents, carers and children who have colorectal and pelvic conditions. The Colorectal and Pelvic Reconstruction Service (CPRS) team seeks to establish a healthy relationship with all families, as we believe this enables the best care possible.

The CPRS booklets have been categorised into different stages of your child's journey, which allows you to read the information that is important to you at the time. Some parts may appear repetitive. This is because some of the information is relevant throughout different periods of your child's care.

Everyone learns differently. Some people like to read instructions, some like to learn by having information explained to them, and many like to do both.

Make sure you tell the members of the CPRS team if you are finding any information in this booklet difficult to understand.



## Welcome to the CPRS

The CPRS at The Royal Children's Hospital Melbourne (RCH) is leading the way in colorectal and pelvic care in Australia.

We aim to deliver the highest quality clinical outcomes for children and families with colorectal and pelvic conditions.

We play a vital role in increasing the awareness, understanding and knowledge of these conditions in the community, and work collaboratively to educate health care professionals.

## Director's message

The RCH has had a well-established and internationally-recognised role in the management of children with colorectal and pelvic conditions.

Initiated by Professor F. Douglas Stephens in the 1950s, there has been an ongoing clinical and academic focus upon children born with congenital colorectal conditions, particularly Anorectal malformations and Hirschsprung disease.

With the added interest, expertise and international reputations of Mr E. Durham Smith, Mr Justin Kelly and Professor John Hutson, the Departments of Paediatric Surgery and Urology have aimed to provide world-class care for children, adolescents and families affected by colorectal and pelvic conditions.

**Associate Professor Sebastian King**

Director, Colorectal and Pelvic Reconstruction Service



## The aims of the CPRS

### The CPRS aims to:

- Provide comprehensive and innovative care for the following conditions:
  - Anorectal malformations (ARM)
  - Hirschsprung disease (HD)
  - Chronic constipation
- Work in collaboration with our colleagues in Urology, Gynaecology, Gastroenterology, Nursing, Stomal Therapy and Allied Health to integrate specialised care
- Provide family centred care through collaboration, participation, information sharing, respect and dignity
- Be respectful of all cultures, religions and relationships
- Educate families, communities and health care professionals, both nationally and internationally
- Develop and improve health care pathways and guidelines for colorectal and pelvic conditions

- Contribute to evidence-based Medical, Nursing and Allied Health research
- Provide specialised outpatient clinics for colorectal and pelvic conditions, including:
  - Multi-disciplinary team clinics to coordinate care for all patients
  - Nurse-led clinics to support bowel management, continence and stomal therapy, to provide family education, and to evaluate new referrals
  - Psychology clinics to support families in reducing the psychosocial impact of colorectal and pelvic conditions
- Offer a preventative model of psychological care to all newly diagnosed children and their families
- Develop care pathways and guidelines that reduce preoperative anxiety and the psychological impact of surgery

## Support for the CPRS

The CPRS is generously supported by the State and Federal Governments, and grants from The Royal Children's Hospital Foundation.

These funds enable the CPRS team to provide consistent and exceptional care for patients and their families.

## The CPRS team

The CPRS consists of a multi-disciplinary team that includes Surgeons, Nurses, Allied Health Professionals and Coordinators.

### Surgical/Medical teams:

- Paediatric Surgeons
- Urologists
- Gynaecologists
- Gastroenterologists

These specialists will play a vital role in the management of your child's colorectal and pelvic condition.

### Nursing teams:

- Clinical Nurse Consultants
- Stomal Therapists

The CPRS nurses have expert knowledge in colorectal and pelvic conditions. They will provide you with education and support, both as an inpatient at the RCH and while you are at home.

The nurses will also work hard to create awareness, understanding and knowledge of these conditions, within healthcare services and in the community.

### Allied Health teams:

- Psychologists
- Social Workers
- Child Life Therapists

The CPRS Allied Health team members will support your child and family throughout all stages of your CPRS journey.

These services may be utilised on occasions when needed, or play a regular role in your child's ongoing care.

### Administration team:

- Coordinators

The CPRS Coordinators will manage all of your child's outpatient and medical imaging appointments.

They are also here to provide you with administrative support when communicating with kindergartens, schools, funding agencies and external providers.



## Personal Information

This booklet is designed so that you may keep all of your child's health information, medical team, allergy information and medications in one place.

Not all of this will be relevant, so please record what is helpful for you.

Child's full name	
Child's UR number	
Child's date of birth	
Allergies	
Current medications	
Parent/guardian	
Caregiver's full name	
Address	
Home phone	
Mobile number	

Medicare number	
Health care card number	
General Practitioner	
Neonatologist	
Paediatrician	
CPRS Consultant	
CPRS Clinical Nurse Consultants	
CPRS Stomal Therapy Nurses	
CPRS Psychologists	
CPRS Social Worker	
CPRS Coordinators	



## **The Royal Children's Hospital Melbourne**

Department of Paediatric Surgery  
Colorectal and Pelvic Reconstruction Service (CPRS)

### **Clinical Offices**

Level 3, West Building  
50 Flemington Road Parkville  
Victoria 3052 Australia

Telephone + 61 3 9345 6979

Facsimile + 61 3 9345 6668

Email [colorectal.coordinator@rch.org.au](mailto:colorectal.coordinator@rch.org.au)  
[www.rch.org.au/paed-surgery](http://www.rch.org.au/paed-surgery)

[www.rch.org.au/cprs](http://www.rch.org.au/cprs)